

A heartfelt “**Thank You!**” to all our members for your continuing support, interest and helpfulness toward one another. Our Annual Meeting will be held Wednesday Sept 16th at 2:00 p.m. eastern time, on our regular conference line. A financial report will be given and there will be time for ideas and suggestions from members.

We are still in need of a treasurer. This person does not have to reside in Michigan, and only internet access and basic math skills are required.

Please let us know if your e-mail address changes.

On The Conference Calls

Memo Cedeno-Laurnet, the Harvard Ph.D. leading research into MCS or chemical intolerance, is currently joining us the 3rd Sunday of each month to update us and listen to our ideas for research. He is creating a website to provide links to all existing research about MCS. Beginning in late summer, Memo will establish contact with MCS people who wish to participate in surveys and studies.

On Sunday, August 30th, at 2:30 p.m. eastern time, we will have a special talk about aging with MCS. We hope to cover aging in place, support systems and nursing home accommodations. Please let us know if you or someone you know would like to share on one of these topics.

Another Fun Musical

Andrew Whipple is organizing a presentation of “The Sound Of Music”. It will be held in

singing part, contact Andrew, or call 206-312-7862.

E.I. Housing Initiatives Calls

Hosted quarterly by MCS Friends, the next call is October 13th at 2:00 p.m. eastern time. 712-432-1212, code 274-197-353. These calls are open to the public, so please help us spread the word and let people know about them.

Recordings of previous meetings are at 712-432-1219, code 274-197-353.

The July 14th call featured:

Christina S., who is starting to form a national foundation to build mold-free, non-toxic, disability accessible housing. The housing is to include short-term housing, long-term single units, and assisted/skilled care units. Her next steps are to survey MCS/CFS patients as to locations where they feel better, and an online fundraiser to cover the cost of incorporating. Christina’s e-mail address is lcsteiger@gmail.com.

Christine W., who is starting to form a non-toxic eco-village near Bozeman, Montana. Her plan is to include sensitive, recovering and healthy people in a partially off-grid community based on sustainable agriculture and natural/inexpensive building styles. She envisions about 40 people on around 300 acres adjacent to federal land. Her phone is 801-824-0293, and her e-mail address is promotepositivechange@gmail.com.

Sandy Fields of New York, who gave an update that she has found a possible investor for a 9-

bedroom, off-grid guest house on 36 acres. She is looking for people who wish to stay or live there. Her phone is 917-319-8163, and her e-mail address is sandyows@aol.com.

Good News

In 2014 alone, “big ag” lost \$4 billion in market share to natural, organic and local food producers. This is double good news because as organic farming grows, it should be easier to find un-sprayed rural areas for MCS people to live.

Starting last year many major food brands from General Mills to Kraft to Pizza Hut have begun bowing to public pressure and removing some GMO’s and/or food dye and artificial sweeteners and flavorings. Let’s hope that pesticide and fragrance in public places and neighborhoods are next. It’s worth noting that we eat about 5 lbs of food daily, but we breathe 90 lbs of air! And we have less choice about the air we breathe than the food we eat.

Amid lagging sales, Proctor and Gamble sold off 10 cosmetic brands that make up 25% of its revenue.

The governor of New York has announced new rules to protect beauty salon workers from toxic chemicals. The protections include gas masks and gloves. (What about the customers?!)

Growing Awareness

The May 2015 issue of *Consumer Reports* had an article about the availability of organic food titled “The Best Supermarkets in America”. It recommended that everyone should be eating organic food, and 87% of Americans do, or wish they could afford to. The same issue had a long, excellent article called, “The Perils of Pesticide: Are Your Grass and Gardens Green?” It advised against trying to kill dandelions and against having “the best lawn on the block.” Wow!

Pope Francis’ encyclical on the environment, “Laudato Sí,” is spurring awareness and discussion of the human toll of consumption and pollution-based societies.

Major news outlets gave good coverage to a new study linking vehicle pollution to heart attacks and heart disease.

Classifieds

Prayer support with **Diane**. 206-424-6612. Prayer meetings, Saturdays 4:00 p.m. eastern time. New phone line is 641-715-3273, code 738-279#.

MCS Friends is a 501c3 non-profit registered in Michigan. Donations are tax deductible. We are registered with charitable programs from NEEDS.com and Amazon Smile. MCS Friends does not endorse products or professionals.
